

Some thoughts on predictions by Patsy Bennett:

The future – your future – is a malleable thing; it is not set in stone. You have free will, and that means you can make whichever decisions you choose. And depending on these, your life will proceed along many different avenues that are all open to you, should you so wish.

Most people who come to me for a psychic reading are in the process of important decision-making and wish to know the outcome of their choices and therefore the best choice to make. By being able to quickly and accurately identify the underlying dynamics of your current circumstance, I am able to offer various scenarios and outcomes; and the most likely choice that will be made now (at the time of the reading); and its outcome.

Of course, everyone has within their power to change the course of their life and therefore the outcome of their life will be very different, depending on the decisions they make. Psychics can help facilitate the decision-making process and show likely outcomes. But the person having the reading holds the trump card: the ability to change the course of their own life. Psychics can help to identify challenges, obstacles and karmic debts, but ultimately, your life is in your own hands.

That said, there are several circumstances that are pre-destined, and these are: birth and death; karmic and soul connections. I believe that everything in between is in your hands. You are powerful beyond measure. And that's where your freedom lies: in choice; in being who you want to be; and in learning your many spiritual lessons in the most effective way possible. Being able to make informed decisions is one important life skill; and being able to choose the right friends or partner; and to pursue the most fulfilling activities are two others.

Mediumship readings and astrology readings are different to psychic readings as they help focus on the different needs of the client in many different ways. Most people who wish for mediumship readings are seekers; they wish to overcome grief or simply to reaffirm their faith in life after death; to connect with loved ones and to receive wisdom from Spirit.

Those who wish for astrology readings need guidance for timing; and the best areas to focus their attention. Simply knowing where the energy is in their life right now – and therefore where to focus – in the context of a timeline – will certainly help with decision making.

On a final note, for everyone who suffers from anxiety or fear of doing the wrong thing in your life, I offer this story:

During one very poignant mediumship reading – poignant both for myself and the lady I was reading for – a message came through from the lady’s father in Spirit: ‘The greatest risk in life is life itself’.

In other words, there is no reason to fear your decisions or your life, as you’ve already taken the biggest risk: and that’s to have been born; to be alive. In between birth and death, there is no risk; you’re contained within your lifespan; so in fact you can make no mistakes, as eternal karma will determine your outcome no matter what you do; there is, in other words, a wheel of life that turns whether you contribute to it or not. But what does matter, is the decisions you make. Your surest way forward is to be aware of your karma, and that your actions do resonate like ripples from a stone in a pond – eternally. Always be true to your heart and your kindness will guide you to make the right decisions.